

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl
Super Oatmeal	Oatmeal	Cinnamon Oatmeal	Oatbran Cereal	Super Oatmeal	Oatmeal	Cinnamon Oatmeal
Hard Boiled Egg	Poached Egg	Scrambled Eggs	Scrambled Egg Patty	Fried Eggs	Hard Boiled Egg	Bacon Strips
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Toasted English Muffin	Whole Wheat Toast	Whole Wheat Toast	Poached Eggs
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Fresh Fruit Bowl
Assorted Creamy Yogurt	Vanilla Yogurt	Peanut Butter	Assorted Creamy Yogurt	Assorted Creamy Yogurt	Peanut Butter	Assorted Cold Cereal
Raisin Toast	Crepe Plain with powder sugar	Carrot Muffin	Whole Wheat Toast	Raisin Bread	Texas French Toast	Assorted Creamy Yogurt White Toast
LUNCH						
G-F Garden Vegetable Soup	Beef Vegetable Soup	Chicken Noodle Soup	Cabbage Soup	Potato Leek Soup	Country Bean & Vegetable Soup	Cream of Cauliflower Soup
Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers
Hamburger on White Bun	Macaroni & Cheese	English-Style Fish	Butter Chicken	Biscuit Topped Turkey Pie	Unsalted Soda Crackers	Tuna & Potato Salad Plate
Parsley Carrots	Stewed Tomatoes	Savory Potato Wedges	California Vegetables	Maple Glazed Carrots	Mini Submarine Sandwich	Rainbow Coleslaw
Lettuce/Tomato/Onion	Garlic Toast	Creamy Coleslaw	Naan Bread	Chilled Tropical Fruit	Marinated Cucumbers	White Dinner Roll
Fresh Watermelon	Cantaloupe Chunks	Seasonal Fruit	Chilled Diced Peaches	Potato Leek Soup	Papaya	Orange Sections
G-F Garden Vegetable Soup	Beef Vegetable Soup	Chicken Noodle Soup	Cabbage Soup	Unsalted Soda Crackers	Country Bean & Vegetable Soup	Cream of Cauliflower Soup
Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Smoked Pulled Beef on Wheat Bun	Unsalted Soda Crackers	Unsalted Soda Crackers
Chicken Caesar Salad	Sliced Turkey on Rye	Cheese Lettuce Tomato Sndw w/Mayo	Egg Salad Sndw on Croissant	Caesar Salad	Spinach and Cheese Tortellini	Country Sausage
Butterscotch Ice Cream	Tossed Garden Salad	Whole Mixed Beans	Tomato & Cucumber Salad	Lemon Bar	Sauteed Pepper Onion & Mushrooms	Pancakes
	Apple Crumble Cake	Vanilla Pudding	Raspberry Mousse		Black Forest Pudding	Strawberries & Rhubarb Compote
						Salty Caramel Ice Cream on Stick
DINNER						
Mediterranean Chicken Hmd	Pork Chop & Mushroom Sauce	Spaghetti & Meatballs	LS Sweet & Sour Pork	Honey Garlic Glazed Chicken	Meatloaf	Roast Turkey
Tzatziki Sauce	Mashed Potatoes	Garlic Bread	Fluffy Rice	Oven-Browned Potatoes	Beef Gravy RS G-F	Poultry Gravy
Lemon Potatoes	Broccoli Florets	Parslied Cauliflower	Asian Vegetables	Green Peas	Whipped Potatoes	Mashed Potatoes
Sauteed Zucchini & Onions	Strawberry Shortcake	Chocolate Cheesecake	Citrus Orange Cake	Vanilla Ice Cream Cup	Sunrise Vegetables	Diced Squash
Cinnamon Roll Cake	Vegetable Chow Mein	Breaded Turkey Cutlet & Gravy	Cheese Ravioli w/Alfredo Sauce	Herb Roasted Salmon	Red Velvet Cake	Apple Pie Slice
Vietnamese Caramelized Pork Bowl	Vegetable Spring Roll	Fluffy Rice	Sauteed Zucchini	Oven-Browned Potatoes	St. Louis Style Ribs	Roasted Lamb Chop
Cilantro Lime Jasmine Rice	Pineapple Tidbits	Roasted Mediterranean Vegetables	Chilled Apple Slices	Brussels Sprouts	Barbecue Sauce	Fluffy Rice
Chilled Diced Pears		Apricot Halves		Mango	Whipped Potatoes	California Vegetables
					Buttered Corn	Fresh Watermelon
					Pineapple Tidbits	

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BREAKFAST						
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl
Oatbran Cereal	Super Oatmeal	Oatmeal	Cinnamon Oatmeal	Oatbran Cereal	Super Oatmeal	Oatmeal
Poached Egg	Hard Boiled Egg	Scrambled Eggs	Poached Egg	Fried Eggs	Scrambled Eggs	Poached Eggs
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Bacon Strips
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Fresh Fruit Bowl
Peanut Butter	Assorted Creamy Yogurt	Vanilla Yogurt	Peanut Butter	Fried Eggs	Vanilla Yogurt	Assorted Cold Cereal
Bran Muffin	Carrot Muffin	Crepe Plain with powder sugar	Raisin Toast	Assorted Creamy Yogurt	Texas French Toast	Peanut Butter
				Mini Croissant		Whole Wheat Toast
LUNCH						
Creamy Chicken Gnocchi Soup	Tomato Soup	Cream of Celery Soup	Golden Lentil Soup	Chicken Vegetable Barley Soup	Italian Wedding Soup	Cream of Mushroom Soup
Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers
Swiss & Parmesan Cheese Quiche	Captain Burger on WW Bun	Breaded Chicken Strips	Pepperoni Pizza	G-F Cod Nuggets	Hot Dog on Brioche Bun	Cheese & Tomato Croissant
Sauteed Spinach	Strawberry Arugula Salad	Poutine Gravy & Cheese Curd	Caesar Salad	Savory Potato Wedges	Iceberg & Carrot Salad	Four Bean Salad
Fruit Cocktail	Chilled Diced Pears	French Fries	Chilled Diced Peaches	California Vegetables	Seasonal Fruit	Fresh Watermelon
	Tomato Soup	Rainbow Coleslaw	Golden Lentil Soup	Mandarin Oranges	Italian Wedding Soup	Cream of Mushroom Soup
Creamy Chicken Gnocchi Soup	Unsalted Soda Crackers	Pineapple Tidbits	Unsalted Soda Crackers	Chicken Vegetable Barley Soup	Unsalted Soda Crackers	Unsalted Soda Crackers
Unsalted Soda Crackers	Sweet Potato Baked Pasta	Cream of Celery Soup	Roast Beef & Cheddar Sndw on WW	Unsalted Soda Crackers	Four Cheese Penne Pasta Casserole	Chicken Wings Boneless
Tuna Salad Sndw on WW	Zucchini & Roasted Red Peppers	Unsalted Soda Crackers	Creamy Cabbage & Apple Salad	Grilled Cheese on Wheat	Kale Vegetable Blend	Potato Bites
Tossed Garden Salad	Ice Cream Sandwich	Deli & Pasta Salad Plate		Marinated Cucumbers	Garlic Toast	Sauteed Zucchini
Tiramisu Mousse		White Dinner Roll	Neapolitan Ice Cream Sandwich	Butterscotch Pudding	Butterscotch Pudding	Pistachio Dark Choc Ice Cream
		Vanilla Cake		Banana Cream Pie Slice		
DINNER						
Country Style Fried Chicken	Honey BBQ Pork Chop	Tender Philly Steak	Individual Chicken Pie	Crab Cake	Mediterranean Glazed Haddock	Roast Blade Beef
Diced Savory Potatoes	Buttered Egg Noodles	Beef Gravy RS G-F	Seasoned Green Beans	Cilantro Lime Jasmine Rice	Fluffy Rice	Beef Gravy RS G-F
White Dinner Roll	Cocktail Vegetables	Baked Potato	Tripleberry Crumble Bar	Fusion Mix Vegetables	Sunrise Vegetables	Mashed Potatoes
Broccoli Florets	Caramel Cheesecake	Brussels Sprouts	Lamb Mushroom Ragout	Chocolate Mousse	Peach Pie	Buttered Corn
Strawberry Jello with Topping	FR-Turkey a la King	Rice Pudding	Fluffy Rice	Beef Taco Salad		Black Forest Cake
	Cornbread Biscuits	Creamy Turkey Rice Casserole	Roasted Root Vegetable Blend	Cornbread	Creamy Dijon Chicken & Mushrooms	Turkey Schnitzel
Beef Vegetable Stew	Green Peas		Chilled Apple Slices	Apricot Halves	Boiled Potatoes	Poultry Gravy
Honeydew Melon	Chilled Diced Peaches	Eurogold Vegetables			Broccoli Florets	Mashed Potatoes
		Mango			Fresh Grapes	Garlic Roasted Brussel Sprouts
						Chilled Tropical Fruit

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BREAKFAST						
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl
Cinnamon Oatmeal	Oatbran Cereal	Super Oatmeal	Oatmeal	Cinnamon Oatmeal	Oatbran Cereal	Oatmeal
Hard Boiled Egg	Poached Eggs	Scrambled Eggs	Hard Boiled Egg	Fried Eggs	Poached Eggs	Poached Eggs
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Bacon Strips
Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Assorted Fresh Fruit Bowl	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Fresh Fruit Bowl
Peanut Butter	Vanilla Yogurt	Peanut Butter	Marble Cheese Slice	Peanut Butter	Assorted Creamy Yogurt	Assorted Cold Cereal
Raisin Toast	Mini Croissant	Crepe Plain with powder sugar	Carrot Muffin	Waffles	Toasted English Muffin	Assorted Creamy Yogurt Texas French Toast
LUNCH						
French Onion Soup	Corn Chowder	Split Pea Soup	Golden Minestrone Soup	Cream of Broccoli Soup	Chicken Rice Soup	Cabbage Soup
Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers	Unsalted Soda Crackers
Perogies w/Bacon & Onion	Corned Beef Casserole	Turkey Burger on Wheat Bun	Cheese Tortellini & Marinara	Tourtiere Quebecois	Sausage & Potato Frittata	Fish 'n Chips
Pick of the Day Vegetable Blend	Greek Salad	LoCal Caesar Salad	Cauliflower	California Vegetables	Stir Fried Peppers & Onions	French Fries
Cantaloupe Chunks	Seasonal Fruit	Chilled Diced Peaches	Fresh Watermelon	Mango	Pineapple Tidbits	Rainbow Coleslaw
French Onion Soup	Corn Chowder	Split Pea Soup	Fresh Watermelon	Cream of Broccoli Soup	Pineapple Tidbits	Mandarin Oranges
Unsalted Soda Crackers	Unsalted Soda Crackers	Split Pea Soup	Golden Minestrone Soup	Unsalted Soda Crackers	Chicken Rice Soup	Cabbage Soup
Turkey Reuben on Rye	Cottage Cheese & Fruit Plate	Unsalted Soda Crackers	Unsalted Soda Crackers	Turkey Macaroni Salad Plate	Unsalted Soda Crackers	Unsalted Soda Crackers
Tossed Salad & Italian Dressing	Fruit Extreme Muffin	Sausage Patty	Chicken Salad on a Croissant	Red Beet Citrus Salad	Chicken Burger w/ Lettuce & Tomato	Cheese Lettuce Tomato Sndw w/Mayo
Chocolate Chip Cookie	Ice Cream Sandwich	Potato Hashbrowns	Tossed Garden Salad	Carrot Cake	LoCal Caesar Salad	Black Bean Corn Salad
		Sunrise Vegetables	Strawberry Shortcake		Lemon Tart	Strawberry Gelatin
		Tiramisu Mousse				
DINNER						
Spaghetti & Meatballs	Chicken Shawarma Salad	Tender Philly Steak	BBQ Pork Drummies	Creamy Dill Salmon	Boneless Korean Beef Short Ribs	Pork Roast
Garlic Bread	Naan Bread	Au Gratin Potatoes	Roasted Potatoes	Scalloped Potatoes	Fluffy Rice	Pork Gravy
Italian Mixed Vegetables	Assorted Cheesecake Bites	Montego Vegetables	Asian Vegetables	Broccoli Florets	Buttered Corn	Mashed Potatoes
Vanilla Caramel Swirl Cake	Veal Parmesan	Iced Banana Cake	Pie, Apple Crumble 9in Rts	Vanilla Chocolate Ice Cream Bar	Maple Avalanche Cake	Parsley Carrots
Teriyaki Pork Loin	Garlic Mashed Potatoes	Lemon Pepper Cod	LS Hot Turkey Sandwich	Beef Shepherd's Pie	Baked Chicken with Chalet Sauce	Chocolate Cream Mint Pie
Rice Pilaf	Florentine Veg Mix	Mashed Potatoes	Mashed Potatoes	Roasted Mediterranean Vegetables	Boiled Red Potato	Turkey Stir Fry
Parsley Carrots	Chilled Apricots	Wax Beans with Red & Green Peppers	Diced Squash	Fresh Grapes	Paradisio Vegetables	Rice Pilaf
Mandarin Oranges		Pineapple Tidbits	Orange Sections		Honeydew Melon	Asian Vegetables
						Chilled Tropical Fruit